



FOR IMMEDIATE RELEASE

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## Suffolk Center “Rocks” With Mandala Painting Class

Join the rock painting craze that has hit Suffolk at a Mandala Rock Painting Workshop at the Suffolk Center for Cultural Arts, Saturday, July 15 and again on Aug. 19 from 2:00 to 4:00 p.m.

Mandala, which is a Sanskrit word that means “circle”, is a complex abstract design that is usually circular in form. Typically mandalas have one identifiable center point from which emanates an array of symbols, shapes and forms. Mandalas were produced in Tibet, India, Nepal, China, Japan, and Indonesia and date from the 4<sup>th</sup> century to the present.

In this relaxing class, Instructor Kanitra Hatton will lead participants step by step in creating a beautiful mandala design. After creating the design as a group, Ms. Kanitra will assist individuals in a beautiful mosaic creation of their own.

The \$25 registration fee includes all of the materials needed: natural beach stones, colorful paint pens, and inspiration. Participants may make more than one Mandala Rock during the workshop as time allows to keep or give as gifts or to hide. To register, go to [www.suffolkcenter.org](http://www.suffolkcenter.org). or call 923-0003.